

# Dokumentasjon av litteratursøk

Prosedyrens tittel eller arbeidstitel	Fysioterapi ved subakromiale smerter
Spørsmål fra PICO-skjema	<p><b>1. Fagprosedyrens overordnede mål er:</b> Fagprosedyrens overordnede mål er å beskrive kunnskapsbasert praksis for fysioterapeuter som undersøker, vurderer og behandler pasienter med subakromiale smerter.</p> <p><b>2. Helse spørsmål(ene) i fagprosedyren er:</b></p> <p><b>Prognose</b></p> <ul style="list-style-type: none"><li>• Hvilke faktorer gir økt risiko for å få subakromiale smerter?</li><li>• Hvilke faktorer er assosiert med et negativt utfall av subakromiale smerter?</li></ul> <p><b>Diagnose</b></p> <ul style="list-style-type: none"><li>• Hvilke elementer bør være med i pasientsamtalen ved diagnostisering av subakromiale smerter?</li><li>• Hvilke elementer bør være med i den kliniske undersøkelsen ved i dagnostisering av subakromiale smerter?</li><li>• Hva er nytteverdien av bildeundersøkelser for å bestemme diagnosen?</li></ul> <p><b>Effekt av tiltak</b></p> <ul style="list-style-type: none"><li>• Hva er effekten av pasientundervisning ved subakromiale smerter?</li><li>• Hva er effekten av øvelsesbehandling ved subakromiale smerter?</li><li>• Hva er effekten av manuell behandling ved subakromiale smerter?</li><li>• Hva er effekten av nålebehandling ved subakromiale smerter?</li><li>• Hva er effekten av elektroterapi (laser, ultralyd, strøm) ved subakromiale smerter?</li><li>• Hva er effekten av sjokkbølge ved subakromiale smerter?</li><li>• Hva er effekten av teip ved subakromiale smerter?</li><li>• Hva er effekten av farmakologisk behandling ved subakromiale smerter?</li></ul> <p><b>Evaluerings</b></p> <ul style="list-style-type: none"><li>• Hvilke målemetoder med gode måleegenskaper er passende å bruke for å evaluere utfall ved subakromiale smerter?</li></ul> <p><b>Forebygging</b></p> <ul style="list-style-type: none"><li>• Hvilke tiltak kan forebygge subakromiale smerter?</li></ul>
Kontakt detaljer prosedyremakere	Navn: Benjamin Haldorsen                      Yngve Røe E-post: <a href="mailto:bhald@mhh.no">bhald@mhh.no</a> <a href="mailto:yngve.roe@hioa.no">yngve.roe@hioa.no</a>
Bibliotekar som utførte eller veiledet søket	Navn: Kristin Elisabeth Røijen Arbeidssted: Høgskolen i Oslo og Akershus, Lærings senter og bibliotek E-post: <a href="mailto:Kristin.Roijen@hioa.no">Kristin.Roijen@hioa.no</a>
Bibliotekar som fagvurderede søket (Ikke obligatorisk)	Navn: Hilde Strømme Arbeidssted: Nasjonalt kunnskapssenter for helsetjenesten E-post: <a href="mailto:hilde.stromme@kunnskapssenteret.no">hilde.stromme@kunnskapssenteret.no</a>

## Retningslinjer og kliniske oppslagsverk

Database/kilde	<a href="#">Prosedyrer i Nasjonalt nettverk for fagprosedyrer</a> (obligatorisk)
Dato for søk	26.10.15
Søkehistorie eller fremgangsmåte	Leste gjennom prosedyrene. Ingen relevante.

Database/kilde	<a href="#">Nasjonale retningslinjer fra Helsedirektoratet</a> (obligatorisk)
Dato for søk:	26.10.15
Søkehistorie eller fremgangsmåte	Leste gjennom nasjonale retningslinjer fra Helsedirektoratet. 1 relevant: <a href="#">Nasjonal faglig retningslinje for bildediagnostikk ved ikke-traumatiske muskel- og skjelettlidelser – Anbefalinger for primærhelsetjenesten. 2014. IS-nummer: IS-1899</a>

Database/kilde	<a href="#">UpToDate</a> (obligatorisk)
Dato for søk	27.10.15
Søkehistorie eller fremgangsmåte	Søkeord: <b>shoulder, shoulder impingement, rotator cuff</b> 6 relevante artikler: <a href="#">Shoulder impingement syndrome</a> <a href="#">Rehabilitation principles and practice for shoulder impingement and related problems</a> <a href="#">Rotator cuff tendinopathy</a> <a href="#">Presentation and diagnosis of rotator cuff tears</a> <a href="#">Overview of the management of overuse (chronic) tendinopathy</a> <a href="#">Bursitis: An overview of clinical manifestations, diagnosis, and management</a>

Database/kilde	<a href="#">BMJ Best Practice</a> (obligatorisk)
Dato for søk	28.10.15
Søkehistorie eller fremgangsmåte	Søkeord: <b>shoulder</b> Leste gjennom titlene under Conditions, 1 mulig relevant treff: <a href="#">Rotator cuff injury</a> Leste gjennom fanen Guidelines, 1 mulig relevant treff <a href="#">under Management of shoulder impingement syndrome and rotator cuff tears</a> <a href="#">Optimizing the management of rotator cuff problems (2010) American Academy of Orthopaedic Surgeons</a>

Database/kilde	<a href="#">National Guideline Clearinghouse</a> (obligatorisk)
Dato for søk	31.10.15
Søkehistorie eller fremgangsmåte	Søkeord: <b>Shoulder</b>
Antall treff	Antall treff: 93 Mulig relevante treff: 7 <a href="#">Shoulder disorders</a> . 1997. (Revidert 2011). NGC: 009012. American College of Occupational and Environmental Medicine - Medical Specialty Society. <a href="#">Conservative care options for work-related mechanical shoulder conditions</a> . (17. April

	<p>2014). NGC: 010413. Washington State Department of Labor and Industries - State/Local Government Agency (U.S.).</p> <p><a href="#">American Academy of Orthopaedic Surgeons clinical practice guideline on optimizing the management of rotator cuff problems.</a> (4. des. 2010). NGC: 008268. American Academy of Orthopaedic Surgeons - Medical Specialty Society</p> <p><a href="#">Shoulder (acute &amp; chronic).</a> (2003, revidert 12. Juni 2013). NGC:010126. Work Loss Data Institute - For Profit Organization.</p> <p><a href="#">Shoulder conditions diagnosis and treatment guideline.</a> (2013). NGC: 010245. Washington State Department of Labor and Industries - State/Local Government Agency (U.S.)</p> <p><a href="#">American Academy of Orthopaedic Surgeons appropriate use criteria for optimizing the management of full-thickness rotator cuff tears.</a> (20. sept. 2013). NGC:010079. American Academy of Orthopaedic Surgeons - Medical Specialty Society</p> <p><a href="#">Clinical practice guidelines for the management of rotator cuff syndrome in the workplace.</a> (2013). NGC:009945. University of New South Wales - Academic Institution.</p>
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Database/kilde	<b>NICE Guidance</b>
Dato for søk	31.10.15
Søkehistorie eller fremgangsmåte	<p>Søkeord på Evidence search: <b>Shoulder subacromial</b></p> <p>Filtrert med Accredited, 100 treff. Leste gjennom og fant 2 aktuelle:</p> <p><a href="#">Commissioning guide : subacromial shoulder pain.</a> (1. aug. 2014). Royal College of Surgeons of England (RCS)</p> <p><a href="#">Shoulder pain. Clinical Knowledge Summaries</a> (1. april 2015).</p>

Database/kilde	<b>Helsebibliotekets retningslinjebase</b>
Dato for søk	29.10.15
Søkehistorie eller fremgangsmåte	<p>Leste innhold under Fysio- og ergoterapi og Muskel og skjelett. Fant 1 mulig relevant treff: Samme kilde som Sundhedsstyrelsen, NKR, under: Sundhedsstyrelsen (2013).</p>

Database/kilde	<b>Socialstyrelsen, Nationella riktlinjer</b>
Dato for søk	29.10.15
Søkehistorie eller fremgangsmåte	<p>Leste gjennom listen over Nationella riktlinjer.</p> <p>Ingen relevante titler.</p>

Database/kilde	<b>Sundhedsstyrelsen, Nationale kliniske retningslinjer</b>
Dato for søk	29.10.15
Søkehistorie eller fremgangsmåte	<p>Leste gjennom listen over Nationale kliniske retningslinjer. Fant 1 relevant tittel: <a href="#">National klinisk retningslinje for diagnostik og behandling af patienter med udvalgte skulderlidelser 2013</a></p>

Database/kilde	<b>Center for kliniske retningslinjer</b>
Dato for søk	29.10.15
Søkehistorie eller fremgangsmåte	<p>Så gjennom titlene i Godkendte retningslinjer.</p> <p>Ingen relevante.</p>

Database/kilde	Evt. retningslinjesøk i <a href="#">MEDLINE/PubMed</a>
Dato for søk	04.11.15
Søkehistorie eller fremgangsmåte	Søkeord: <b>Shoulder</b> Avgrenset til siste 10 år og Guideline Leste gjennom overskriftene, fant 2 mulig relevante titler: Diercks et al (2015). <a href="#">Guideline for diagnosis and treatment of subacromial pain syndrome: a multidisciplinary review</a> by the Dutch Orthopaedic Association. <a href="#">Optimizing the management of rotator cuff problems.</a> (2011). J Am Acad Orthop Surg.
Antall treff	19

## Systematiske oversikter

Database/kilde	<a href="#">MEDLINE/PubMed</a>																																							
Søkehistorie	<p><b>Søk om prognose</b> 07.11.2015</p> <table border="0"> <tr> <td>1</td> <td>(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.</td> <td>48653</td> </tr> <tr> <td>2</td> <td>(adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or arthroscopy\$ or shoulder fractures or shoulder dislocation or diabetic or instability or prostheses\$ or allograft or hand or pediatric or injury\$).mp.</td> <td>2672947</td> </tr> <tr> <td>3</td> <td>1 not 2</td> <td>19912</td> </tr> <tr> <td>4</td> <td>(predict\$ or prognosis\$ or mediators\$ or modifiers\$ or risk or course or influence\$).mp.</td> <td>5683731</td> </tr> <tr> <td>5</td> <td>(outcome\$ or non-recovery or recovery or disability or pain or activity\$ or function\$ or return to work).mp.</td> <td>6827682</td> </tr> <tr> <td>6</td> <td>3 and 4 and 5</td> <td>2951</td> </tr> <tr> <td>7</td> <td>(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.</td> <td>48653</td> </tr> <tr> <td>8</td> <td>in-data-review.st.</td> <td>198673</td> </tr> <tr> <td>9</td> <td>in-process.st.</td> <td>427383</td> </tr> <tr> <td>10</td> <td>pubmed-not-medline.st.</td> <td>1574365</td> </tr> <tr> <td>11</td> <td>4 and 7 and (8 or 9 or 10)</td> <td>966</td> </tr> <tr> <td>12</td> <td>6 or 11</td> <td>3708</td> </tr> <tr> <td>13</td> <td>limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)</td> <td>268</td> </tr> </table> <p>Antall treff: 268, ekskludert 266, gjenværende 2.</p> <p><b>Søk om diagnose (pasientens helsehistorie og klinisk undersøkelse)</b> 13.11.2015</p> <p>#1,"Search shoulder[Text Word]", 57509  #2,"Search physical examination[Text Word]", 68500  #3,"Search assessment[Text Word]", 958442  #4,"Search (#2 OR #3)", 1016577  #5,"Search (#1 AND #4)", 6237</p>	1	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48653	2	(adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or arthroscopy\$ or shoulder fractures or shoulder dislocation or diabetic or instability or prostheses\$ or allograft or hand or pediatric or injury\$).mp.	2672947	3	1 not 2	19912	4	(predict\$ or prognosis\$ or mediators\$ or modifiers\$ or risk or course or influence\$).mp.	5683731	5	(outcome\$ or non-recovery or recovery or disability or pain or activity\$ or function\$ or return to work).mp.	6827682	6	3 and 4 and 5	2951	7	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48653	8	in-data-review.st.	198673	9	in-process.st.	427383	10	pubmed-not-medline.st.	1574365	11	4 and 7 and (8 or 9 or 10)	966	12	6 or 11	3708	13	limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)	268
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7	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48653																																						
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#6,"Search (#1 AND #4) Filters: Systematic Reviews", 282  
#7,"Search (#1 AND #4) Filters: Systematic Reviews; published in the last 10 years", 237

Antall treff: 237, ekskludert 233, gjenværende 4

### Søk om evaluering

13.11.2015

#1,"Search (rotator cuff[Text Word] OR subacromial\*[Text Word] OR shoulder[Text Word] OR shoulder disorder\*[Text Word] OR upper-extremit\*[Text Word] OR shoulder impingement syndrome[Text Word] OR shoulder joint[Text Word] OR shoulder pain[Text Word])",79666

#2,"Search (Pain Measurement[Text Word] OR Questionnaires[Text Word] OR Disability Evaluation[Text Word] OR Health Status[Text Word] OR assessment[Text Word] OR scale[Text Word] OR instrument[Text Word])",1794667

#3,"Search (patient reported[Text Word] OR patient-reported[Text Word] OR self reported[Text Word] OR self-reported[Text Word])",74858

#4,"Search (#2 AND #3)",39902

#5,"Search (#1 AND #4)",667

#6,"Search (#1 AND #4) Filters: published in the last 10 years", 540

#7,"Search (#1 AND #4) Filters: Systematic Reviews; published in the last 10 years", 37

Antall treff: 37, ekskludert 34, gjenværende 3

### Søk om effekt av tiltak

#### - Øvelsesbehandling:

26.10.2015

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present)

1	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremit\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48505
2	(adhesive capsulitis or stroke or breast-cancer or arthrit\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.	989845
3	1 not 2	35749
4	(exercise or physical therap\$ or load\$ or active or training or conservative).mp.	1668480
5	(compare\$ or effect\$ or outcome or versus).hw.	975543
6	3 and 4 and 5	1139
7	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremit\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48505
8	in-data-review.st.	191213
9	in-process.st.	435524
10	pubmed-not-medline.st.	1565466
11	4 and 7 and (8 or 9 or 10)	813
12	6 or 11	1952
13	limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)	151

Antall treff: 151, ekskludert 147, gjenværende 4

### Søk om effekt av tiltak

#### - Teip

07.11.2015		
1	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48665
2	(adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.	992655
3	1 not 2	35864
4	(kinesio\$ or tap\$).mp.	79151
5	(compare\$ or effect\$ or outcome or versus).hw.	978460
6	3 and 4 and 5	36
7	(rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.	48665
8	in-data-review.st.	198754
9	in-process.st.	430325
10	pubmed-not-medline.st.	1575643
11	4 and 7 and (8 or 9 or 10)	37
12	6 or 11	73
13	limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)	4

Antall treff 4, ekskludert 3, gjenværende 1

#### Søk om effekt av tiltak

##### - Elektroterapi (laser, terapeutisk ultralyd, strøm)

15.12.2015

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present)

1. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
2. (adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.
3. 1 not 2
4. (low-level laser or laser or Ultrasonic Therap\$ or therapeutic ultrasound or Transcutaneous Electric Nerve Stimulation or TENS or interferential or Electrical Stimulation Therap\$).mp.
5. (compare\$ or effect\$ or outcome or versus).hw.
6. 3 and 4 and 5
7. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
8. in-data-review.st.
9. in-process.st.
10. pubmed-not-medline.st.
11. 4 and 7 and (8 or 9 or 10)
12. 6 or 11
13. limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 5 years)

Antall treff 15, ekskludert 13, gjenværende 2

#### Søk om effekt av tiltak

##### - Manuell behandling

22.11.2015:

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to

Present)

1. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
2. (adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.
3. 1 not 2
4. (manual\$ or stretching or passive or mobilization).mp.
5. (compare\$ or effect\$ or outcome or versus).hw.
6. 3 and 4 and 5
7. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
8. in-data-review.st.
9. in-process.st.
10. pubmed-not-medline.st.
11. 4 and 7 and (8 or 9 or 10)
12. 6 or 11
13. limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)

Antall treff 61, ekskludert 60, gjenværende 1

#### **Søk om effekt av tiltak**

##### **- Nålebehandling**

07.11.2015

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present)

1. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
2. (adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.
3. 1 not 2
4. (needle\$ or dry needling or dry-needling or acupuncture).mp.
5. (compare\$ or effect\$ or outcome or versus).hw.
6. 3 and 4 and 5
7. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
8. in-data-review.st.
9. in-process.st.
10. pubmed-not-medline.st.
11. 4 and 7 and (8 or 9 or 10)
12. 6 or 11
13. limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)

Antall treff 16, ekskludert 15, gjenværende 1

#### **Søk om effekt av tiltak**

##### **- Pasientundervisning**

21.12.2015:

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present)

1. rotator cuff.mp.
2. (adhesive capsulitis or stroke or breast-cancer or arthritis\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.
3. 1 not 2
4. (education\$ or relation\$ or teach\$).mp.
5. (compare\$ or effect\$ or outcome or versus).hw.
6. 3 and 4 and 5
7. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
8. in-data-review.st.
9. in-process.st.

10. pubmed-not-medline.st.
11. 4 and 7 and (8 or 9 or 10)
12. 6 or 11
13. limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 5 years)

Antall treff 22, ekskludert 22, gjenværende 0

#### **Søk om effekt av tiltak**

##### **- Sjøkkbølge**

09.11.2015

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present)

1. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
2. (adhesive capsulitis or stroke or breast-cancer or arthrit\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.
3. 1 not 2
4. (shock-wave or shock wave or extracorporeal or rESWT).mp.
5. (compare\$ or effect\$ or outcome or versus).hw.
6. 3 and 4 and 5
7. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
8. in-data-review.st.
9. in-process.st.
10. pubmed-not-medline.st.
11. 4 and 7 and (8 or 9 or 10)
12. 6 or 11
13. limit 12 to ("reviews (best balance of sensitivity and specificity)" and last 10 years)

Antall treff 13, ekskludert 11, gjenværende 2

#### **Søk om evaluering**

13.11.2015

- #1, "Search (rotator cuff[Text Word] OR subacromial\*[Text Word] OR shoulder[Text Word] OR shoulder disorder\*[Text Word] OR upper-extremity\*[Text Word] OR shoulder impingement syndrome[Text Word] OR shoulder joint[Text Word] OR shoulder pain[Text Word])", 79666
- #2, "Search (Pain Measurement[Text Word] OR Questionnaires[Text Word] OR Disability Evaluation[Text Word] OR Health Status[Text Word] OR assessment[Text Word] OR scale[Text Word] OR instrument[Text Word])", 1794667
- #3, "Search (patient reported[Text Word] OR patient-reported[Text Word] OR self reported[Text Word] OR self-reported[Text Word])", 74858
- #4, "Search (#2 AND #3)", 39902
- #5, "Search (#1 AND #4)", 667
- #6, "Search (#1 AND #4) Filters: published in the last 10 years", 540
- #7, "Search (#1 AND #4) Filters: Systematic Reviews; published in the last 10 years", 37

Antall treff 37, ekskludert 34, gjenværende 3

#### **Søk om forebygging**

03.02.2016

Medline (In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present)

1. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.
2. (adhesive capsulitis or stroke or breast-cancer or arthrit\$ or fracture\$ or spinal cord or cerebral palsy or after arthroscopic or shoulder fractures or shoulder dislocation).mp.
3. 1 not 2
4. (prevent\$ or avoid\$ or \$-prevent\$).mp.
5. 3 and 4



	<p>6. (rotator cuff or subacromial\$ or shoulder pain or shoulder disorder\$ or upper-extremity\$ or shoulder impingement syndrome or shoulder joint or shoulder pain).mp.  7. in-data-review.st.  8. in-process.st.  9. pubmed-not-medline.st.  10. 4 and 6 and (7 or 8 or 9)</p> <p>Antall treff 21, ekskludert 19, gjenværende 2</p>
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Database/kilde	<p><b>Cochrane Central Register of Controlled Trials (Cochrane reviews and other reviews)</b></p> <p>Obligatorisk: Systematiske oversikter (Cochrane Reviews, Other Reviews) og metodevurderinger (Technology Assessments)</p>
Søkehistorie	<p><b>Søk om prognose</b>  Cochrane Central Register of Controlled Trials (Cochrane reviews and other reviews):  07.11.2015  Antall unike treff: 0</p> <p><b>Søk om diagnose (pasientens helsehistorie og klinisk undersøkelse)</b>  15.12.2015  Antall unike treff: 0</p> <p><b>Søk om evaluering</b>  11.12.2015:  Antall treff: 34, ekskludert 34, gjenværende 0</p> <p><b>Søk om effekt av tiltak</b></p> <ul style="list-style-type: none"> <li>- <b>Øvelsesbehandling:</b>  26.10.2015  Antall unike treff: 1, ekskludert 1, gjenværende 0</li> <li>- <b>Teip:</b>  07.11.2015  Antall unike treff: 0</li> <li>- <b>Elektroterapi (laser, terapeutisk ultralyd, strøm)</b>  15.12.15  Antall unike treff: 0</li> <li>- <b>Manuell behandling</b>  23.11.2015  Antall unike treff: 0</li> <li>- <b>Nålebehandling</b>  07.11.2015  Antall unike treff: 0</li> <li>- <b>Pasientundervisning</b>  21.12.15  Antall unike treff: 0</li> <li>- <b>Sjokkbølge</b>  23.11.2015:  Antall unike treff: 1, ekskludert 1, gjenværende 0</li> </ul> <p><b>Søk om forebygging</b>  03.02.2016  Antall unike treff: 0</p>

Antall treff	<p>Cochrane Reviews:</p> <p>Other Reviews:</p> <p>Technology Assessments:</p> <p>(Legg eventuelt. også til antall treff for de andre delbasene)</p>
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Database/kilde	<b>PEDro</b> – The Physiotherapy Evidence Database
Søkehistorie eller fremgangsmåte	<p><b>Søk om prognose</b> 07.11.2015 Antall unike treff: 0</p> <p><b>Søk om diagnose (pasientens helsehistorie og klinisk undersøkelse)</b> 13.11.2015 Antall unike treff: 0</p> <p><b>Søk om evaluering</b> 11.12.2015 Antall treff: 29, ekskludert 29, gjenværende 0</p> <p><b>Søk om effekt av tiltak</b></p> <ul style="list-style-type: none"> <li>- <b>Øvelsesbehandling:</b> 07.11.2015 Antall treff: 5, ekskludert 5, gjenværende 0</li> <li>- <b>Teip</b> 07.11.15 Antall treff: 1, ekskludert 1, gjenværende 0</li> <li>- <b>Elektroterapi (laser, terapeutisk ultralyd, strøm)</b> 15.12.2015 Antall unike treff: 0</li> <li>- <b>Manuell behandling</b> 23.11.2015 Antall unike treff: 0</li> <li>- <b>Nålebehandling</b> 07.11.2015 Antall treff: 21, ekskludert 21, gjenværende 0</li> <li>- <b>Pasientundervisning</b> 21.12.15 Antall unike treff: 0</li> <li>- <b>Sjokkbølge</b> 23.11.2015: Antall treff: 6, ekskludert 6, gjenværende 0</li> <li>- <b>Forebygging</b> 03.02.2016 Antall unike treff: 0</li> </ul>